

Monthly Newsletter



Put a
season-ready
spring in your step

Read All About It,,,

- The Footcare Centre Says THANK YOU and FAREWELL to Mike DiLonardo
- Introducing Stuart Berry
- Some Foot Health Education
- What's new?

Contact Your Foot

Specialist/Chiropodist:

The Footcare Centre

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Welcome to The Footcare Centre – your footcare centre!

“Before doing anything else”, says Stuart Berry, “I want to wish Mike DiLonardo all the very very best in his retirement”.

“I know how committed Mike and his wife Rose were to this office and his patients and their families and I am really wishing Mike well”.

WISHING MIKE WELL

Like Mike, Stuart Berry is also a foot specialist registered with the College of Chiropodists of Ontario (registered as a chiropodist) and is president of The Footcare Centre in Ontario

EXCITED

Stuart is excited at meeting patients and their families to continue the sound clinical work Mike has provided at the office over the years.

Care, Professionalism Time

“The Care, Professionalism and Time that your feet deserve!” says Stuart, “that’s been my motto throughout the years”.

At The Footcare Centre, Stuart knows that there needs to be some underlying bedrocks.

“Let’s face it, my patients’ feet are always deserving!”

“For me it all starts with the care we give – a friendly service promoting a seamless care pathway”

” provided by regulated foot specialists offering assurance and peace of mind”, “devoted to you and your foot health.”

Check out ‘The Inside Scoop’ on stuart Berry on the next page!



Diabetes top tip:
Don't Go Bare Foot!

The Inside Scoop

Stuart graduated from Europe's largest podiatry school at Salford University, Manchester, England.

He graduated amongst the top of his class in 1997 gaining first class honours and continues to maintain an ongoing continued education portfolio - developing his scope of practice as he continues to be registered to practice in both the UK and Ontario - undertaking post-graduate courses at the University of Brighton, UK and the Michener Institute, Toronto.

With 18 years of post-graduate clinical experience Stuart has developed The Footcare Centre in the UK – managing a multidisciplinary team, providing a 'one stop shop' of foot care services to the local community.

He has developed as a clinician and as a clinical manager, in the UK gaining admission to the Faculty of Management with the Society of Chiropodists and Podiatrists.

Stuart emigrated from the UK to Ontario in December 2013 having been to Canada several times and deciding to make Ontario his home.

He is now pleased to be able to offer you skills, expertise and introduce you to 'The Footcare Centre'.

Stuart currently sits on the board of the Canadian Federation of Podiatric Medicine – the national organization for podiatric medicine in Canada.

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Foot Specialists Explained

Professional foot specialists in Ontario come under the regulation of The regulated Health Professions Act (1991) and as such are registered with the relevant college.

Regulation of health professions is undertaken by health regulatory colleges.

Foot Specialists are regulated under their regulatory college, The College of Chiropodists of Ontario, under the Chiropody Act (1993).

As part of the healthcare regulatory frameworks, those regulated by the College of Chiropodists of Ontario have foot orthotics explicitly within their scope of practice under the Chiropody Act, 1991 for the treatment of diseases, disorders and dysfunctions of the foot!

Historically, some members of the regulatory college may be regulated under the title 'podiatrist',

ALL new registrants of the regulating college are regulated under the title 'chiropodist'.

This is per the Chiropody Act (1993).

Top Tip:
Check your foot specialist is registered with the College of Chiropodists of Ontario.

Stuart Berry is registered with the College of Chiropodists of Ontario.



Health Education

Chronic Heel Pain. 'Plantar fasciopathy' can include the processes of:

- Plantar fasciitis
- Plantar fasciosis
- 'Heel Spur syndrome'

Treatments for chronic heel pain can include an advised regimen of things to do at home, pharmacological, physical, orthotic treatments or **shockwave (ESWT) treatments**

Toenail fungal infections are common. **Onychomycosis** is the term given to describe toenails infected with fungus.

Some surveys suggest 67% to 74% of patients are embarrassed by the condition of their nail as a result of onychomycosis.



Management of Fungal Nail disease can include regular nail care called debridement, pharmacological prescription treatments, surgical treatments and even **laser treatment!**

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